



## Collagen Induction Therapy

### Understanding Your Options for Anti-aging and Scar Therapeutics

Do you look in the mirror and see your mom or dad? Genetics and sun exposure are the most significant factors influencing how our face ages. Without appropriate maintenance, we naturally deflate and descend. Not only aging, but acne, trauma, auto-immune diseases and surgery can all cause unwanted facial alterations. Collagen Induction Therapy (CIT) is a multi-faceted approach to combat these concerns. Dr. Cockerham looks forward to helping you achieve your goals within your budget and respecting your limits on down time.

#### TOPICAL THERAPEUTICS

**Home:** professionally prescribed regimen of vitamins, peptides, acids and most importantly, sunblock; no downtime

**Office:** chemical peels; growth factors paired with microneedling; downtime varies

#### CRYSTALS

**Home:** no effective options

**Office:** microdermabrasion; no downtime

#### MICRONEEDLING

**Home:** derma rollers: no downtime

**Office:** motorized skin pen; one-day downtime

#### INJECTION OF PRO-INFLAMMATORY MOLECULES

**Home:** no effective options

**Office:** One-week downtime

- Radiesse®: calcium hydroxyapatite
- Sculptra®: poly-L-lactic acid
- Platelet rich plasma (PRP); your blood is drawn and special growth factor stimulators are separated out using a medical centrifuge

#### STEM CELLS

**Home:** derma roller/topical stem cells: no downtime

**Office:** one-week downtime

- Injecting your face with fat-derived stem cells from liposuction on your neck or belly
- Transferring fat-derived stem cells from your eyelid area to your face during surgery

#### FRACTIONAL SKIN RESURFACING

**Home:** no options

**Office:** Opus Plasma™

- High-frequency unipolar RF energy with micro-plasma energy
- 1-2 days downtime

**Office:** Fractionated CO2 Laser

- 3-5 days downtime