



## Medications to Avoid Before Procedures

### NEUROSURGERY

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Any injection, including Botox®, dermal fillers and local anesthetics, can cause significant bruising if you are on blood thinners. Surgery can cause additional bruising, which will slow your healing and promote swelling.

Do NOT take any of the following for two weeks prior to your injection and/or surgery:

- Aspirin and aspirin-containing medications (Tylenol is acceptable)

### OTOLARYNGOLOGY/ HEAD & NECK SURGERY

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Nonsteroidal anti-inflammatory drugs (NSAIDs) include:

Advil      Ibuprofen      Naproxin

Alleve      Mediprin      Naprin

Bextra      Motrin Vioxx

Celebrex

Herbal supplements and vitamins that thin the blood:

Airborne Red Clover Vitamin C (>40 IU)      Vitamin E (>40 IU)

Echinacea Fish oil (especially

Omega 3 supplements) Flax Seed

Garlic supplements      Gingko Biloba

Ginseng

### OPHTHALMOLOGY/ NEURO-ORBIT-PLASTICS

*Kimberly Cockerham, MD*

*Cindy Ocran, MD*

If you are on a blood thinner: Please let Dr. Cockerham know if you are on a potent blood thinner like Coumadin (warfarin) or Plavix; a special medical clearance will be required to stop these medications three days prior to injection or surgery.

### NEUROLOGY

*Ian M. Purcell, MD, PhD*

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### LOCATIONS

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