



## Informed Consent for Tepezza

Tepezza is the first and only FDA approved treatment for thyroid eye disease. The goal of the treatment is to improve your eye comfort, function and appearance. In clinical trials, Tepezza resulted in improved bulging, redness, swelling and double vision. Like every therapy, there are risks you should be aware may occur. Please notify Dr. Cockerham immediately if you are having side effects that persist more than 24 hours.

Side effects are usually mild and time limited and include:

- fatigue
- headache
- muscle spasms
- high blood sugars
- hair loss
- brittle nails
- diarrhea
- anxiety
- weight loss

Some patients have suffered more severe side effects that may be permanent

- urinary tract infections
- urinary incontinence
- bloody or persistent diarrhea leading to inflammatory bowel disease
- bowel bladder fistula requiring surgery
- hearing loss or altered hearing
- new requirement for diabetic medication or increasing number of medications required

### For Childbearing Woman

This medication is not approved for woman who are pregnant or lactating

- I am not pregnant or lactating
- I am on effective birth control
- I understand I will need to have a pregnancy test before each infusion

### For Diabetics and Pre-Diabetics

I understand I need to monitor my glucose and work closely with my primary care doctor or endocrinologist to keep my sugars under control

I understand I need to follow a diabetic diet and limit my intake of sugar, carbohydrates and alcohol

I do not have a personal or family history of inflammatory bowel disease (bouts of diarrhea, constipation, abdominal pain or bloating).

Patient name: \_\_\_\_\_/Signature\_\_\_\_\_

Date: \_\_\_\_\_/Witness\_\_\_\_\_

#### NEUROSURGERY

*Sanjay Ghosh, MD*

*Scott P. Leary, MD*

*Alois Zauner, MD*

*Amanda Gumbert, PA-C*

*Felix Regala, PA-C*

*Cassie Petit, PA-C*

*Deb Frantz, PA-C*

#### OTOLARYNGOLOGY/ HEAD & NECK SURGERY

*Perry T. Mansfield, MD*

*Michael J. O'Leary, MD*

*Brian H. Weeks, MD*

*Brianna Harris, MD*

*Seerat Poonia, MD*

*Kimberly Cockerham, MD*

*R. Stuart Weeks, MD*

*Emeritus*

*Annette Kiviat, PA-C*

*Jeannine Shively, PA-C*

#### OPHTHALMOLOGY/ NEURO-ORBIT-PLASTICS

*Kimberly Cockerham, MD*

*Cindy Ocran, MD*

#### NEUROLOGY

*Ian M. Purcell, MD, PhD*

*Monali Patel, MD*

#### LOCATIONS

MESA COLLEGE  
7625 Mesa College Drive  
Suite 305A  
San Diego, CA 92111

#### CORPORATE & MAILING ADDRESS

MISSION VALLEY  
3590 Camino Del Rio N  
Suite 100  
San Diego, CA 92108  
PH: 619-810-1111  
FX: 619-229-4938